

Final CAS evaluation report



At the end of the entire CAS experience students must make a final evaluation report by listing all their projects and activities and then write a critical reflection on their entire CAS experience. It can be useful to divide the final evaluation report into 3 separate sections according to **C**reativity, **A**ction and **S**ervice but it is not a requirement. The following must be included in a final report

1. A final **summary table** where all the activities are noted down individually and distributed according to **C**, **A** or **S** including the amount of hours spent on each activity (just like the first year evaluation report).
2. An **essay** where you reflect on your experiences as a CAS student. This should include
 - a. An overall description of all your CAS activities (for example listed separately under **C**reativity, **A**ction and **S**ervice
 - b. Including for each activity and what you gained personally by the experience (personal growth and achievement, awareness of for example problems you did not know existed, challenge to your values, beliefs, or strengths, how others benefited from the activity etc.)
 - c. The extent to which you'll continue doing some of the activities undertaken under the CAS programme.



Here are some examples of parts of final evaluations from our home page

I would like to express my gratitude to this idea CAS which is included in our IB program. To be honest, I wouldn't volunteer to be engaged in any particular activity, if it wasn't for CAS and I really enjoyed the activities I undertook, for example the math competition which gave me a chance to explore the beauty of math. I also like a lot giving classes in martial art where I developed leadership skills and the most important was that I developed skills to monitor each student individually and take care of them according to their conditions.

Completing the CAS programme has given me a lot of understanding, development, skills and enlightenment. This programme allowed me to independently use my individuality for a positive cause. I had the opportunity to do many things that I had never done before and I learned about values of persistence, hard work, communication, group work and about the benefits of it once we can see the results.

